



WellSpan Rehabilitation offers a multi-disciplinary approach to treat concussions and mild traumatic brain injuries.

Many individuals who have sustained a concussion or mild traumatic brain injury benefit from outpatient rehabilitation to improve their abilities to perform daily activities. At WellSpan, our team of physical, occupational and speech therapists work together to return individuals to their highest level of function. The type and duration of rehabilitation varies by individual, depending on the severity of the brain injury and what part of the brain was injured.

- Vestibular and balance training
- Vision perception
- Headache management
- Strength and conditioning
- Focus, concentration and thinking skills
- Work skills training
- Return to sport

For more information or to enroll, ask your doctor for a referral or contact Wellspan Rehabilitation at (877) REHAB13.

