

# Keeping your employees *well at work.*



## WELLNESS SERVICES

Promoting employee health and wellness is the right thing to do. WellSpan can help build a comprehensive employee wellness program that works—for you, your employees and your budget.

WellSpan provides strategic guidance to create a wellness program that fits your organization's culture and goals. We can also help implement and manage your individualized program.

Onsite services, online tools and education provide the support your employees need to stay on track and motivated to reach their health and wellness goals.

With convenient locations across Central Pennsylvania, WellSpan makes it easy for your employees to access preventative care and screenings to proactively take charge of their health.

Take the lead and help prevent, reduce and even improve chronic diseases among your workforce. Help your employees, and your business, stay a healthy step ahead.

### Employee Wellness Program

- Development & Implementation
- Program Management
- Strategic Planning & Promotion
- Communication & Marketing Coordination
- Wellness Consulting
- Online Wellness Portal
- Health Fair Vendor

### Employee Focused Health Services

- Biometric Screenings
- Personalized & Confidential Health Assessments
- Wellness Coaching
- Online Tools, Trackers & Education
- Wellbeing Training
- Mobile Mammography
- Flu/COVID-19 Vaccines
- Preventative Screenings

## CONTACT US

**(888) 949-9882**

**[wellatwork@wellspan.org](mailto:wellatwork@wellspan.org)**

**[wellspan.org/wellatwork](https://wellspan.org/wellatwork)**

### *WellSpan Health Service Locations*

Adams County | Cumberland County  
Franklin County | Lancaster County  
Lebanon County | York County

### *Part of the portfolio of services & solutions of Well at Work*

Occupational Health | Injury Management  
Onsite Clinics | Online Urgent Care | Wellness  
Employee Assistance Program | Telehealth  
Medical Benefits

