



Keeping your employees *well at work.*

EMPLOYEE ASSISTANCE PROGRAM

The demands and pressures of life can challenge everyone, including your employees. Personal problems can impact job performance, home life and health.

WellSpan's Employee Assistance Program (EAP) is a confidential service designed for employees, spouses and dependent family members who want to seek help for a variety of personal issues, without worrying that someone at work will "find out" about their problem.

EAP helps your employees:

- Manage personal challenges
- Balance personal lives with work
- Reduce stress
- Improve focus on the job

Providing EAP as a benefit means your employees:

- Never feel alone
- Receive the support they need early
- Feel better and resolve issues
- Miss fewer workdays

Because EAP is provided outside of the company by WellSpan, employees can feel confident that personal details remain confidential.

EAP is there to support your employees, creating a better work environment and a positive company culture.

Employees who are happy and supported at work are more productive and more pleasant to customers and co-workers.

Invest in the well-being of your employees. It's a benefit we can all appreciate.

Learn more at [wellspan.org/wellatwork](https://www.wellspan.org/wellatwork)



WHEN YOU SELECT WELLSPAN EAP, YOU ARE:

- ✓ Supporting your employees and helping your business succeed.
- ✓ Providing resources for employees, supervisors and Human Resources staff to address issues that impact productivity, morale and overall work performance.

OUR COMMITMENT TO YOUR WORKFORCE

Whether your workforce is small or large and regardless of the product or service you deliver, WellSpan's Employee Assistance Program can work with you to create a program that fits your budget and your needs. Our focus is on partnering with you to promote the health and safety of your employees.

SERVICES

- Confidential counseling services
- Crisis response services
- Onsite training and staff development
- Work-Life services

CONTACT US

(888) 949-9882

wellatwork@wellspan.org

[wellspan.org/wellatwork](https://www.wellspan.org/wellatwork)

WellSpan Health Service Locations

Adams County | Cumberland County | Franklin County
Lancaster County | Lebanon County | York County

Part of the portfolio of services & solutions of Well at Work

Occupational Health | Injury Management | Onsite Clinics
Online Urgent Care | Wellness | Employee Assistance Program
Telehealth | Medical Benefits

What local employers are saying about WellSpan EAP:

“Your calming presence and words of wisdom were appreciated by the staff. WellSpan EAP is one of the most valuable benefits that we can offer our team and a fantastic resource for us when we need it the most.”

Sue DeStephano

President / CEO

First Capital Federal Credit Union

“Our partnership has enabled our employees to get the help they needed, when they needed it the most, so they could navigate life's challenges and continue to be engaged and productive members of our team.”

Ann C. Hayes

Sr. Director of Human Resources and

Title IX Coordinator

Lebanon Valley College

