The program mitigates the district’s lack of mental health intervention services for students in the middle and high schools through the addition of a full-time social worker. This individual assists with the identification of students with suspected mental health issues and provides linkages between the student, parent, district and social service agency that can provide the needed services, as well as run groups for students with particular issues, such as grief and divorce.

Activity Focus
The Waynesboro Area School District faculty and staff have become more concerned about the social, emotional, and academic growth of their students, primarily on the secondary level. Over the past five years, the families of the Waynesboro Area School District have been getting poorer - 49.5% of district students are considered economically disadvantaged; family support systems have diminished; and a student preoccupation with suicide and self-harm has become more apparent - including two suicides in the past five years. The WABEC Foundation’s goal is to partner with WASD to provide a Quest for SEAL to meet the emotional, social and mental health needs of Waynesboro’s secondary students.

Responsibilities include:

Results
- Seven students participated in a middle school level grief support group. These students had lost relatives to death under various circumstances. This group concluded on Nov. 18. All students completed the program with the exception of one, who had participated in a support group previously and felt he had finished his grief work. The remaining six responded positively to the experience.
- The middle school level Emotion Management Group included six students who demonstrated difficulty with managing intense emotions in the classroom. This group concluded on Nov. 20. All students with the exception of one, who moved out of the district, completed the program and the majority responded positively.
- Eight students participated in the high school level grief support group. These students had lost a parent, grandparent, or friend. This group concluded on Dec. 18 which was three weeks after the initially scheduled end date. The participants requested continuing with the program as they were deeply involved and gained benefits from the supportive environment.
- Eight students participated in the high school level Emotional Support Social Skills class, who were identified in the school system as needing additional support with social skills learning. The social skills group continues through the school year. Two students have left the group but another student has joined. Topics addressed include awareness and understanding of emotions, the pros and cons of playing videos games, and showing and accepting gratitude.
- A self-report was given to all participants after the sessions. Members reported on a scale of 1-5 with 5 being the highest. All participants shared positive feedback. The largest improvement noted was the high school students requesting to extend the grief support groups. The most negative comment came from a member of the emotion management group in the middle school who noted that some material was repetitive.

Outputs and Activities
- Developing materials to work with middle and high school students in support groups, including Grief Support, Emotion Management, and Emotional Support Social Skills classes.
- Training in INDEPTH to address the excessive number of student vaping referrals. The educational class is offered to students who have used tobacco products on campus as an alternative to disciplinary action. Students meet with the social worker for four 1-hour sessions. The first group session began on March 3 with 5 identified high school students.
Capacity Building Workshops

In 2019, the Summit Endowment offered education to help community organizations enhance skills to achieve success. Two grant-making workshops, offered in the Chambersburg and Waynesboro areas, were held to support non-profit organizations in preparing successful applications for Summit Endowment funding.

Greencastle-Antrim Endowment Scholarships

Greencastle-Antrim Endowment, a component of the Summit Endowment, awarded 4 scholarships to graduating seniors at Mechanicsburg High School and 4 to graduating seniors at Waynesboro Area Senior High School. These awards are given to students pursuing degrees in business, liberal arts, and education.

2020 Summit Endowment Grant Awards

The following organizations were awarded grants for their efforts in addressing the health needs of Franklin County:

- **United Way of Franklin County - Stepping Forward Works**: This program connects individuals with opportunities to explore in-demand career pathways in the community. It will help to reduce the proportion of persons living in poverty by connecting people to training and stable employment, while teaching the essential skills that help effectively manage a household, budget expenses, and create long-term savings.
- **Chambersburg Memorial YMCA - LIVESTRONG at the YMCA II**: Participants meet for a 90-minute session, twice a week. A 12-week session is planned. Instructors perform functional assessments in week one and participants receive an individualized exercise program. This program is offered at no charge to participants.
- **Waynesboro Area Education and Community Foundation (WABEC) - Kindergarten Camp**: This program will help learners demonstrate the need to strengthen skills that are needed to be a successful kindergarten learner.
- **Waynesboro Area Business Education and Community Foundation (WABEC) - Wonderwalk for Preschoolers**: This program will be distributed to additional families/individuals.

**Total Funding Awarded in 2020**

$358,055.66

The conditions where people live, learn, work, and play affect their health risks and outcomes. These conditions are known as social determinants of health. The Summit Endowment strives to better understand and address the social determinants of health and identify the distinct needs of vulnerable populations. Throughout the year, the endowment improves the health of people living in Franklin County by supporting many health initiatives and developing programs and activities offered by other nonprofit organizations as they, too, work to improve the health of the Franklin County area.