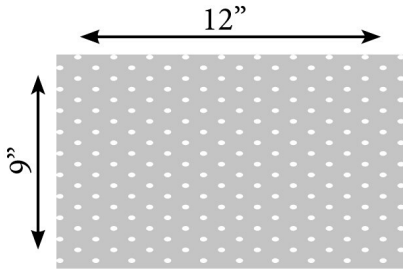


# Fabric Mask Pattern

*This pattern and instructions are approved by WellSpan Health.*

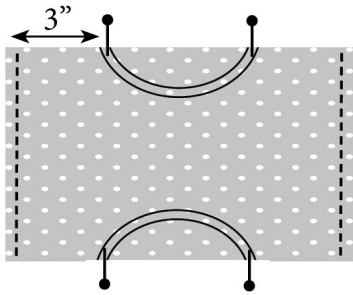


**1**

## Sewing Instructions:

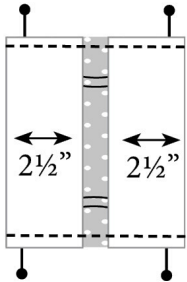
Using 100% cotton fabric, cut a 9"x 12" rectangle.

For straps you can either use 1/4" elastic (cut 2- 7" pieces), or cloth ties. (You will need 4- 15 1/2" pieces. You can use bias tape or make your own fabric ties.) You will also need a twist tie or pipe cleaner.



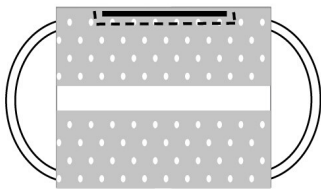
**2**

Sew a 1/4" hem along both of your 9" sides. You can use a zig zag stitch to reduce fraying. Then along the 12" sides, measure and mark 3" in from each corner (on the face side of your fabric). Use these marks to position and pin your elastic or cloth ties. If you are using elastic, attach it in a loop as pictured. If you are using ties, attach one piece at each mark.



**3**

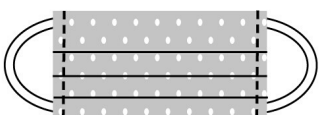
To form a pocket in your mask fold in 2 1/2" on either side. (The face side of your fabric should be on the inside.) Sew along these sides making sure to back stitch over your elastic or ties to secure them. Now turn your mask right side out and iron it, being careful not to touch your elastic with the iron as it can melt.



Back

**4**

Now insert and center your twist tie or pipe cleaner inside the fold on one side of your mask. Stitch around it to hold it in place.



Front

**5**

Create 3 evenly spaced 1/2" deep pleats on both sides. Pin the folds in place, and top stitch along the sides making sure all your pleats are facing the same direction.

**Do not insert any fabric for a filter.**



We are now accepting donations for hand-made fabric masks. Hand-made fabric masks slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Thank you for helping our staff on the front-line as we protect and care for all in our community.

## WellSpan Donation Drop-Off Locations

**Donation locations are now open at the time listed below on weekdays, Monday through Friday.**

*Preference is for up to 20 masks to be placed in one zip-lock or clear bag.*

### **Ephrata**

Open 7:30 a.m. to 4 p.m.  
Location: 501 Alexander Dr.  
Ephrata, PA 17522

### **Lebanon**

Open 8 a.m. to 4:30 p.m.  
Location: 711 S. Eighth St.  
Lebanon, PA 17042

### **Chambersburg**

Open 7 a.m. to 3:30 p.m.  
Location: 1660 Orchard Dr.  
Chambersburg, PA 17201

### **Gettysburg**

Open 8 a.m. to 4:30 p.m.  
Location: 450 S. Washington St.  
Gettysburg, PA 17325

### **Hanover**

Open 8 a.m. to 4:30 p.m.  
Location: WellSpan Health & Surgery Center  
1227 Baltimore St.  
Hanover, PA 17331

### **York**

Open 8 a.m. to 4:30 p.m.  
Location: 601 Memory Lane  
York, PA 17402

**Questions?** Please call **(855) 851-3641** or visit  
**<https://www.wellspan.org/coronavirus/i-want-to-help/>**

Updated 4/5/2020

