Recommendations for Patients (not healthcare workers) Who Were Not Exposed, But Who Are Concerned

1. A patient is considered immune if:
    a. Born before January 1, 1957
    b. They have received at least one dose of LIVE MMR after 12 months of age
    c. They have had measles
    d. They have had a rubeola (measles) IgG titer which shows they are immune

2. If the patient has received no doses of the LIVE MMR vaccine or they are uncertain, they should receive a dose of the MMR vaccine from their primary care physician or a local pharmacy. If the patient is pregnant, severely immunocompromised, or under the age of 6 months, they should not receive an MMR vaccine. Patients who are between 6-11 months, can receive an MMR vaccine if there is concern regarding future exposure to measles. Any vaccine administered before one year of age does not count towards the two required vaccines.