

## **Office Cystoscopy Patient Instructions**

### **What is a Cystoscopy?**

This procedure allows the doctor to diagnose and treat several urologic disorders. A cystoscopy is a test that allows your provider to look inside your bladder and urethra using a thin, lighted instrument.

You will be seated in a chair. Your bladder will be drained using a small catheter prior to the cystoscope being inserted. Once the cystoscope is inserted, your bladder will be filled with sterile water to expand the bladder. You will be able to watch the test on a television screen as the test is being done. The test takes 5 – 15 minutes to complete.

### **Reasons for doing the test**

- Recurrent urinary tract infections
- Urinary urgency / frequency
- Leakage of urine
- You are unable to empty your bladder all the way
- Blood in your urine
- Take samples of tissue
- To remove stents

### **After the procedure**

You may experience burning of urination that may last a couple of days. Some people experience a sensation of urgency or having to go to the bathroom all the time. We encourage you to drink lots of water and to urinate often after the test. If symptoms of burning and / or urgency do not resolve within a few days after having the test, please call our office.