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Imaging Patient Education

Gettysburg Hospital
WellSpan®

What you should know about your *Ultrasound Guided Breast Core Biopsy*

Purpose:
An ultrasound guided biopsy is performed to obtain a tissue sample of a questionable area in the breast using ultrasound guidance.

Preparation:
- You may eat a light meal.
- Discontinue aspirin, ibuprofen, blood thinners, pain reducers such as Ecotrin, Aleve, Motrin, naproxen sodium, Advil, Excedrin, etc, 7 days prior to your appointment.
- You may only take Tylenol (acetaminophen).
- Wear a comfortable two-piece outfit: pants and top
- You will be asked to remove your clothing from the waist up and wear a gown during the procedure.

Procedure - What to Expect:
- We will verify patient information and a brief history.
- Prior to prepping the breast for biopsy the radiologist will explain the procedure and answer any questions you may have. A consent from will be signed by your prior to the radiologist starting the procedure.
- The technologist and the radiologist will position you appropriately for the procedure.
- The radiologist will then prepare your breast by cleaning it with an antiseptic solution and draping it with sterile clothes.
- A local anesthetic will be used to numb this area.
- The radiologist will put a small knick into the skin to allow entry of the biopsy needle. You will experience pressure feeling but should have no pain. If you have pain you are to let the technologist and radiologist know.
- The radiologist will be taking multiple samples of tissue from the area in question.
- When the radiologist haves adequate samples they will place a titanium clip in the biopsy area. The clip will stay in there for future reference of biopsy site.
- You will have a mammogram also that day for a baseline with this clip in place.
- You will be given an ice pack to wear home and to put on and off the remainder of that day.

Risks and Benefits:
- You may experience bruising at the biopsy site that can last 5-7days.
- If there is excessive swelling, bleeding, drainage, redness or heat, please contact the physicians office that order you to have the biopsy.
- You can also call into the radiology department and speak with the radiologist that performed your procedure.

After the Test:
- The nurse will instruct you on how to care for the site.
- You will follow-up your results with the physician that ordered your biopsy.

If you have questions or need additional information,
please call Gettysburg Hospital's Imaging Department:
(717) 337-4207