

June/July 2006

VISION STATEMENT:

Healthy Adams County seeks to create a higher quality of life throughout our community by improving physical, mental, and social well-being.

MISSION STATEMENT:

Healthy Adams County is a collaborative partnership of community members dedicated to continuing assessment, development and promotion of efforts toward improving physical, mental and social well-being.

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Gaskin joins Healthy Adams County

Former task force leader and board vice-president named new executive director

Kathy Gaskin stepped into the leadership role at Healthy Adams County (HAC) in April after being named the new executive director of the collaborative partnership dedicated to improving the health and well being in Adams County.

Previously Kathy had served as executive director of Survivors, Inc., an Adams County agency that supports victims of domestic violence. She replaced Bill Taft who retired in March after leading HAC since 1996.

"Kathy brings a wonderful blend of proven leadership, a heart for the community and an energetic personality to the coalition," said Kevin Mosser, M.D., president of Gettysburg Hospital.

Healthy Adams County has the support of more than 650 members serving on a variety of committees and task forces. The members address a variety of critical quality of life issues such as tobacco prevention, teen pregnancy, physical fitness, oral health access and the needs of a growing Latino population.

"I am very confident that Kathy will provide the leadership and drive necessary to take HAC in a very positive direction far into the future,"

said Steve Niebler, president of the HAC board of directors and executive director of the Adams County Office for Aging, Inc.



"I am very excited about this new phase of my life as the director of Healthy Adams County. I know that I will have the opportunity to impact every aspect of this community's health through my new position," said Kathy.

"Healthy Adams County is a formidable organization and I hope to continue to build on its foundations while looking towards issues such as sustainability and recognition of the organization in the community."

Gaskin becomes executive director with a strong knowledge base of the coalition as she has served as HAC's vice president of the board of directors, chairperson of HAC's Domestic Violence Task Force and as a member of HAC's Public Relations and Membership Committee and the Families First Task Force. She also serves as chair of Adams County's STOP Coordinating Team and as a member of the board of directors for both NOVIS and the Child Advocacy Center.

Family Fun Day

Heath Roney, Gettysburg Bicycle inspects bikes as part of the Safe Kids Adams County Bike Derby held on April 29th at the Gettysburg Recreation Park. The Derby along with demonstrations of skill and safety by X Game proskaters and bikers, bands and food, were part of the Family Fun Day sponsored by The PA Department of Health and Collaborating For Youth, an affiliate of Healthy Adams County.



Message from the Executive Director

I am very excited about my new position as executive director of Healthy Adams County. Dedicating my time and efforts to an organization that I am well acquainted with - as chair of the Domestic Violence Task Force for eight years, a member of the Public Relations and Membership Committee, and Vice President of its board - will be both challenging and rewarding.

It is also an exciting time to build on the successes of my predecessor, Bill Taft, who was responsible for developing the organization and organizing many of its affiliate task forces.

I have spent my first month on the job meeting with task force leaders and other members of the community that interact with Healthy Adams County. I have started to attend task force meetings to learn how they function, their vision and goals. It is important to understand the needs of each individual task force and how we can offer assistance and resources.

There are several areas that I plan to focus on for the entire organization. The first will be to provide leadership tools for task force and committee chairs. Helping them to develop ideas for strategic planning, project evaluation, securing resources and other important aspects of sustaining their task force membership is a priority for the future.

Other areas include the continuation of strategic planning for the entire partnership and defining the relationship between the task forces/committees and Healthy Adams County. I plan to work with the Healthy Adams County board to put us in a position to write grants, as well as the Public Relations/Membership Committee to continue to build our visibility in the community.

I encourage anyone who has ideas or concerns to visit us at the "world headquarters" on S. Washington Street in Gettysburg. My assistant Jen and I love to have visitors and I am always interested in new perspectives as we continue to develop and sustain this community partnership.

Kathy Gaskin

Task force leaders meeting slated for June 28

Apple award recipients announced

Healthy Adams County will hold its quarterly task force leaders meeting on Wednesday, June 28, at 11:30 a.m. in Classroom 1 at Gettysburg Hospital.

The meeting will feature presentation of the Apple Awards and an opportunity to share task force activities and goals.

This year's Apple Award recipients include the following:

- **Adams Apple - Leadership** (individual who has taken on a leadership role and whose efforts have resulted in significant contributions) - Amelia Contreras, Latino Services Task Force
- **Golden Apple - Unsung Hero** (individual who has made a significant contribution to the work of the task force but whose efforts have not been formally recognized) - Louise Mains, Domestic Violence Task Force
- **Green Apple - New Member** (a new member who has taken on a significant role in the work of the task force) - Johnnie Lansford, Oral Health & Children's Health Task Forces

Stomping out smoking

On April 26 tobacco prevention and cessation supporters from the state's 67 counties converged on the Capitol in Harrisburg to participate in the statewide initiative, The Shoe Campaign. The campaign, part of Youth Quest 2006,



focused on the collection and placement of 20,000 pairs of shoes on the Capitol steps which represented the lives lost in Pennsylvania every year due to tobacco use.

Jennifer Hobbs, a member of the Tobacco Prevention Task Force, an affiliate of Healthy Adams County, worked with several local organizations and schools in Adams County to collect 1,386 pairs of old and new shoes. On the day of Youth Quest, 1,400 students and adults gathered for a march to the Capitol where all 20,000 pairs were placed on the steps. Stories of loved ones lost to the addictive drug and those who have quit smoking were also shared with the crowd.

Strength in numbers and the support of communities across the state contributed to the day's success and the continued motivation to take one more step toward stomping out smoking.

Breast cancer coalition dedicates donor recognition plaque

A special donor recognition plaque was presented on April 17 by the Adams County Breast Cancer Coalition, an affiliate of Healthy Adams County, in conjunction with the dedication of The Pink Ribbon print in memory of Leah A.

Maitland, M.D. Both pieces, which focus on breast cancer awareness, were placed on the second floor of the WellSpan Health Center in Gettysburg which houses many services and programs designed specifically for women.

The Adams County Breast Cancer Coalition plaque recognizes generous contributions to the Gettysburg Hospital's free mammogram program. To date, the Adams County

Breast Cancer Coalition and members of the Wickerham family have contributed \$6,000 to the fund.

The Pink Ribbon, created by artist James C. Christensen in 2005, expresses both the need for awareness about breast cancer and the complexity of its affects on families and communities. The print was dedicated in memory of Dr. Maitland, who was instrumental in providing a lifetime of quality health care to those in the community, with a particular interest in women's health.



Shown above from left are Stephani Maitland, Helen Maitland, Kevin Mosser, M.D., president, Gettysburg Hospital, Janet Wickerham, and Laura Reyka, chair, Adams County Breast Cancer Coalition.

Healthy Adams County in the community -

A record crowd enjoyed this year's Health & Safety Day for Kids. One of the most popular attractions was the fitness challenge of HAC's Physical Fitness Task Force. Pictured is task force member Rebecca Krishan, Community Health, Gettysburg Hospital, who was among volunteers who helped hundreds of kids enjoy the fitness challenge activities. Several task forces were on hand, showcasing how HAC connects with the community to promote a healthy, quality lifestyle.

In addition to Health & Safety Day, HAC and its task forces participate in other community events, including the Adams County Office for Aging Spring Fling; Gettysburg Hospital Women's Health & Wellness Conference; the Spring of Your Life event, sponsored by the Greater Hanover Area Senior Task Force; the Gettysburg-Adams Chamber of Commerce Business Fair; Green Acres' Luau; the Heritage Festival; the Bi-national Health Fair with the Mexican Consulate; Kids Day at the Rec Park; and Winterfest, sponsored by the Aging Services Task Force.



Upcoming Events and Observances

JULY

Smoking Cessation Support Group

First Thursday of the month, starting

July 6, 6:30 p.m.

Gettysburg Hospital

Tobacco Prevention Task Force

Call Jen at 717- 338-3259.

AUGUST

Annual Educational & Inspirational Longaberger Fundraiser Luncheon - with Guest Speaker Cubby Conrad, Writer, Hanover Evening Sun & Breast Cancer Survivor

August 25, 11:30 a.m. - 1:30 p.m.

Gettysburg Hospital

Adams County Breast Cancer Coalition

Call Laura at 717-339-2018.

SEPTEMBER

Freedom from Smoking

Tuesdays, starting September 5

6:30 p.m. - 8 p.m.

Gettysburg Hospital

Tobacco Prevention Task Force

Free eight-session course designed to help people quit smoking.

Call Jen at 717-338-3259.

2nd Annual Color Your Night Pink 1960's Sock Hop

September 30, 6 p.m. - 12 p.m.

American Legion in Gettysburg

Adams County Breast Cancer Coalition.

Call Laura at 717-339-2018.

OCTOBER

Puberty Talk for Boys, part of "Let's Talk Month"

October 4, 6:30 p.m.

Gettysburg Hospital

Adams Coalition to Prevent Teen Pregnancy

Call Laura at 717-339-2018.

Inspirational Dinner with Lillie Shockney, R.N., Breast Cancer Survivor

October 17, Time: TBD

Carroll Valley Resort

Adams County Breast Cancer Coalition

Call Laura at 717-339-2018.

Activities that Teach: Day-Long Training for Educators & Parents with author, Tom Jackson

October 19, 8 a.m. - 3 p.m.

Gettysburg Hotel

\$45 per person

Adams Coalition to Prevent Teen Pregnancy

Call Laura at 717-339-2018.

Puberty Talk for Girls and a Parent, part of "Let's Talk Month"

October 26, 6:30 p.m.

Gettysburg Hospital

Adams Coalition to Prevent Teen Pregnancy

Call Laura at 717-339-2018.