

EAPnews

Employee Assistance Program

Second Quarter 2008

New EAP Promotional Materials are Available

WellSpan EAP has developed new marketing materials to reflect new phone and address information for our relocated Gettysburg and Shrewsbury, PA offices. The new posters, cards and brochures feature new designs aimed at drawing attention to the services available to your employees and their families.



WE NEED YOUR HELP! If you currently have old EAP materials on display or in stock at your facility, please dispose of those items. We do not want materials with outdated phone numbers to continue in circulation or on display. The "old" Gettysburg office phone number will be out of service beginning July 2008. Materials distributed to your employees should contain new addresses and a new phone number for our Gettysburg location on V-Twin Drive (717) 339-2710.

Please contact EAP Client Services at 1-866-227-6527 to let us know the quantity of new materials to be delivered to your facility. Thanks for your help in promoting your EAP!



Upcoming Breakfast Events - Save the Dates!

Please mark your calendar for our upcoming EAP breakfast presentations in 2008:

Thursday, July 10

8:00-9:30am

Topic: Soft Skills for Managers Dealing with Employees

Speaker: Jody Keller, SPHR – Beard Miller Company
Chief Executive Partner & Vice Chairman

Location: Four Points Sheraton Hotel (York, PA)

Thursday, October 9

8:00-9:30am

Topic: Worksite Wellness - Best Practices

Speaker: Kevin Alvarnaz – WellSpan Health
Director, Community Health Improvement

Location: Hanover Country Club (Abbottstown, PA)

Look for more information via e-mail in the months ahead. To RSVP, call EAP Client Services 1-866-227-6527.

Web-Based Training for Supervisors

Do all of your managers have a firm understanding of the EAP? While they may know about the program, they may not be familiar with some of the management tools offered. WellSpan EAP has a great web-based training program to keep your managers and supervisors aware of the supervisory referral process, which can be a great help in managing employees with job performance issues.

The self-guided tutorial takes just 15 minutes to explain how an EAP works, when to consider a supervisory referral of an employee to the EAP, and a quick quiz based on lessons learned. Each participant can print a personalized *Certificate of Completion*.

Please take a moment to explore the supervisor training in the employers section at www.wellspaneap.org. While you're visiting our web pages, check out the other resource links, downloadable forms and self-assessment tools available. We think you'll like what you see!

Did You Know?

Childhood obesity is a major problem in the U.S. Obesity predisposes children to chronic illness risks and can negatively affect self-esteem. Did you know:

- A recent Duke University study found obesity among children in middle childhood is four times greater today than it was in the 1960s.

There is still time to register for the "**Generation XL Summit**" on childhood obesity hosted by WellSpan Health and other community partners at the Yorktowne Hotel in York, PA on May 15, 2008. **Call (717) 851-3222 to RSVP.**

SOURCE: Reuters Newswire article, "Obesity, low birthweight mar health of kids"; 4/24/2008.



EAP Staff Update

WellSpan EAP would like to announce the promotion of Mike Moore to Senior Account Representative. Mike has been with Wellspan EAP since 2002. In his new role, Mike will continue with sales, marketing and communication efforts to new and existing clients. Congratulations Mike!

"Nothing great was ever achieved without enthusiasm." ~Ralph Waldo Emerson

